

1st Man
Karl Billington Blackburn Harriers 25:18

1st Woman
Emily Japp Blackpool, Wyre & Fylde AC 29:12

Men

2nd David Rigby Preston Harriers 25:20
3rd Rob Affleck Preston Harriers 26:21
4th Jeff Prest Trafford AC 26:37
5th Andrew Benson Preston Harriers 26:54

Women

2nd Hannah Oldroyd UKNet Runners 30:13
3rd Alesha Johnson Blackpool, Wyre & Fylde AC 30:54
4th Caroline Betmead Blackpool, Wyre & Fylde AC 31:05
5th Louise Blizzard Belgrave Harriers 32:32

Vet Men

M40 Matt Wilson Kendal AAC 28:54
M45 Gethin Butler Preston Harriers 26:43
M50 John Wright Blackpool, Wyre & Fylde AC 28:25
M55 Mark Hall Otley AC 28:20
M60 Phillip Quibell Salford Harriers AC 30:17
M65 Alan Hudson Wesham Road Runners 33:48
M70 David Scott Clayton le Moors Harriers 37:04
M75 John Winters Blackpool, Wyre & Fylde AC 44:34

Women

W35 Honor Thompson Skelmersdale Boundary Harriers 34:14
W40 Catherine Carrdus Wesham Road Runners 31:13
W45 Jo Goorney Lytham St Annes Road Runners 31:14
W50 Bev Ganose Altrincham & District AC 36:13
W55 Lesley Fisher Burnden Road Runners 34:51
W60 Norma Smith Blackburn Road Runners 43:21
W65 Judith Deakin Preston Harriers 46:17
W70 Evelyn Elkington Red Rose Runners 54:41

Junior Mile:

Girls

1st Danielle Whipp Blackpool, Wyre & Fylde AC 05:43
NEW COURSE RECORD
2nd Amy-Nicola Davies Blackburn Harriers 05:58
3rd Jessica Jackson Blackpool, Wyre & Fylde AC 06:00

Boys

1st Michael Hayes Lytham St Annes Road Runners 05:12
NEW COURSE RECORD
2nd Zane Seddon Lytham St Annes Road Runners 05:16
3rd Theo Mihell Unattached 05:46