



Albert Forga
Alberich Races entered = totalling miles

Manchester Marathon	14/04/2024	26.20
Summer Handicap (April)	25/04/2024	5.10
Summer Handicap (May)	30/05/2024	5.10
Preston Interclub	12/06/2024	4.00
Freckleton Half	16/06/2024	13.10
Thornton Interclub	25/06/2024	5.00
Summer Handicap (June)	27/06/2024	5.10

Alistair Leivers Races entered = totalling miles

Summer Handicap (April)	25/04/2024	5.10
Summer Handicap (May)	30/05/2024	5.10

Andy Draper Races entered = totalling miles

Blackpool Interclub	10/04/2024	4.00
Manchester Marathon	14/04/2024	26.20
Thornton Interclub	25/06/2024	5.00

Barbara Holmes Races entered = totalling miles

Lytham Interclub	09/05/2024	5.00
------------------	------------	------

Barry Broughton Races entered = totalling miles

Blackpool Interclub	10/04/2024	4.00
Ripley St Thomas Supper Run	23/04/2024	4.00
Summer Handicap (April)	25/04/2024	5.10

Catherine Carrdus Races entered = totalling miles

Freckleton Half	16/06/2024	13.10
-----------------	------------	-------

Catherine Maclachlan	Races entered =	1	totalling	3.11	miles
----------------------	-----------------	---	-----------	------	-------

Morecambe 5k	02/06/2024	3.11
--------------	------------	------

Chris Bowker	Races entered =	3	totalling	14.00	miles
--------------	-----------------	---	-----------	-------	-------

Lytham Interclub	09/05/2024	5.00
------------------	------------	------

Preston Interclub	12/06/2024	4.00
-------------------	------------	------

Thornton Interclub	25/06/2024	5.00
--------------------	------------	------

Chris Cottam	Races entered =	12	totalling	97.17	miles
--------------	-----------------	----	-----------	-------	-------

Sheffield Half	07/04/2024	13.10
----------------	------------	-------

Blackpool Interclub	10/04/2024	4.00
---------------------	------------	------

Manchester Marathon	14/04/2024	26.20
---------------------	------------	-------

Ripley St Thomas Supper Run	23/04/2024	4.00
-----------------------------	------------	------

Kendal 10k	01/05/2024	6.21
------------	------------	------

Lytham Interclub	09/05/2024	5.00
------------------	------------	------

Harrock Hill	22/05/2024	5.25
--------------	------------	------

Wesham Summer 10k	29/05/2024	6.21
-------------------	------------	------

Summer Handicap (May)	30/05/2024	5.10
-----------------------	------------	------

Preston Interclub	12/06/2024	4.00
-------------------	------------	------

Freckleton Half	16/06/2024	13.10
-----------------	------------	-------

Thornton Interclub	25/06/2024	5.00
--------------------	------------	------

Claire Markham	Races entered =	3	totalling	15.44	miles
----------------	-----------------	---	-----------	-------	-------

Blackpool Interclub	10/04/2024	4.00
---------------------	------------	------

Lytham Interclub	09/05/2024	5.00
------------------	------------	------

Edenfield Fell Race	02/06/2024	6.44
---------------------	------------	------

Clare Taylor	Races entered =	7	totalling	42.41	miles
	Blackpool Interclub		10/04/2024		4.00
	Summer Handicap (April)		25/04/2024		5.10
	Lytham Interclub		09/05/2024		5.00
	Wesham Summer 10k		29/05/2024		6.21
	Preston Interclub		12/06/2024		4.00
	Freckleton Half		16/06/2024		13.10
	Thornton Interclub		25/06/2024		5.00
Cliff Whiston	Races entered =	1	totalling	4.00	miles
	Blackpool Interclub		10/04/2024		4.00
Dan Gregson	Races entered =	8	totalling	39.62	miles
	Blackpool Interclub		10/04/2024		4.00
	Ripley St Thomas Supper Run		23/04/2024		4.00
	Summer Handicap (April)		25/04/2024		5.10
	Wray 10k		27/04/2024		6.21
	Kendal 10k		01/05/2024		6.21
	Lytham Interclub		09/05/2024		5.00
	Summer Handicap (May)		30/05/2024		5.10
	Preston Interclub		12/06/2024		4.00
Darran Ames	Races entered =	1	totalling	6.21	miles
	Wesham Summer 10k		29/05/2024		6.21
Dave Booth	Races entered =	1	totalling	3.11	miles
	St Annes Carnival		30/06/2024		3.11

Debbie Barry	Races entered =	8	totalling	38.41	miles
	Rimrose Trail Race	07/04/2024		5.00	
	Blackpool Interclub	10/04/2024		4.00	
	Ripley St Thomas Supper Run	23/04/2024		4.00	
	Summer Handicap (April)	25/04/2024		5.10	
	Worden Park 10k	19/05/2024		6.21	
	Preston Interclub	12/06/2024		4.00	
	Thornton Interclub	25/06/2024		5.00	
	Summer Handicap (June)	27/06/2024		5.10	

Dom Kirby	Races entered =	8	totalling	36.94	miles
	Blackpool Interclub	10/04/2024		4.00	
	Ripley St Thomas Supper Run	23/04/2024		4.00	
	Lytham Interclub	09/05/2024		5.00	
	Harrock Hill	22/05/2024		5.25	
	Edenfield Fell Race	02/06/2024		6.44	
	Preston Interclub	12/06/2024		4.00	
	Moleside	18/06/2024		3.25	
	Thornton Interclub	25/06/2024		5.00	

Dominic Garrett	Races entered =	1	totalling	5.00	miles
	Lytham Interclub	09/05/2024		5.00	

Gemma Anderson	Races entered =	1	totalling	4.00	miles
	Ripley St Thomas Supper Run	23/04/2024		4.00	

Gill Draper	Races entered =	2	totalling	9.00	miles
	Blackpool Interclub	10/04/2024		4.00	
	Thornton Interclub	25/06/2024		5.00	

Gillian Anderson Races entered = 6 totalling 28.20 miles

Blackpool Interclub	10/04/2024	4.00
Summer Handicap (April)	25/04/2024	5.10
Lytham Interclub	09/05/2024	5.00
Summer Handicap (May)	30/05/2024	5.10
Preston Interclub	12/06/2024	4.00
Thornton Interclub	25/06/2024	5.00

Ginny Hester-See Races entered = 5 totalling 24.04 miles

Harrock Hill	22/05/2024	5.25
Summer Handicap (May)	30/05/2024	5.10
Edenfield Fell Race	02/06/2024	6.44
Preston Interclub	12/06/2024	4.00
Moleside	18/06/2024	3.25

Graham Cunliffe Races entered = 8 totalling 44.35 miles

Ripley St Thomas Supper Run	23/04/2024	4.00
Morecambe Half	05/05/2024	13.10
Lytham Interclub	09/05/2024	5.00
Worden Park 10k	19/05/2024	6.21
Abbystead Supper Run	21/05/2024	3.93
Preston Interclub	12/06/2024	4.00
Thornton Interclub	25/06/2024	5.00
St Annes Carnival	30/06/2024	3.11

Graham Webster

Races entered =

7

totalling

38.31

miles

Blackpool Interclub	10/04/2024	4.00
Ripley St Thomas Supper Run	23/04/2024	4.00
Preston Interclub	12/06/2024	4.00
Freckleton Half	16/06/2024	13.10
Thornton Interclub	25/06/2024	5.00
Summer Handicap (June)	27/06/2024	5.10
St Annes Carnival	30/06/2024	3.11

Greg Oulton	Races entered =	20	totalling	107.11	miles
	Rimrose Trail Race		07/04/2024		5.00
	Blackpool Interclub		10/04/2024		4.00
	Ripley St Thomas Supper Run		23/04/2024		4.00
	Foe Edge Fell Race		24/04/2024		4.50
	Summer Handicap (April)		25/04/2024		5.10
	Wray Caton Moor Fell Race		30/04/2024		6.25
	Morecambe Half		05/05/2024		13.10
	Lytham Interclub		09/05/2024		5.00
	Worden Park 10k		19/05/2024		6.21
	Abbystead Supper Run		21/05/2024		3.93
	Harrock Hill		22/05/2024		5.25
	Austwick Amble		27/05/2024		7.80
	Wesham Summer 10k		29/05/2024		6.21
	Summer Handicap (May)		30/05/2024		5.10
	Edenfield Fell Race		02/06/2024		6.44
	Preston Interclub		12/06/2024		4.00
	Moleside		18/06/2024		3.25
	Thornton Interclub		25/06/2024		5.00
	Summer Handicap (June)		27/06/2024		5.10
	Mid Lancs T&F, Bury 3000m		29/06/2024		1.87
Jack Atkin	Races entered =	1	totalling	5.00	miles
	Thornton Interclub		25/06/2024		5.00

Jake Rodwell	Races entered =	11	totalling	54.63	miles
	Run Heaton Park Half	07/04/2024		13.10	
	Blackpool Interclub	10/04/2024		4.00	
	Blackpool Festival of Running 5k	20/04/2024		3.11	
	Ripley St Thomas Supper Run	23/04/2024		4.00	
	Summer Handicap (April)	25/04/2024		5.10	
	Power of 5k (May)	03/05/2024		3.11	
	Lytham Interclub	09/05/2024		5.00	
	Summer Handicap (May)	30/05/2024		5.10	
	Preston Interclub	12/06/2024		4.00	
	Thornton Interclub	25/06/2024		5.00	
	St Annes Carnival	30/06/2024		3.11	

James Whittle	Races entered =	9	totalling	35.34	miles
	Blackpool Interclub	10/04/2024		4.00	
	Summer Handicap (April)	25/04/2024		5.10	
	Mid Lancs T&F, Witton Park, 3000m	04/05/2024		1.88	
	Mid Lancs T&F, Witton Park, 1500m	04/05/2024		0.94	
	Wesham Summer 10k	29/05/2024		6.21	
	Preston Interclub	12/06/2024		4.00	
	Thornton Interclub	25/06/2024		5.00	
	Summer Handicap (June)	27/06/2024		5.10	
	St Annes Carnival	30/06/2024		3.11	

Jennifer Hill	Races entered =	3	totalling	13.00	miles
	Blackpool Interclub	10/04/2024		4.00	
	Lytham Interclub	09/05/2024		5.00	
	Preston Interclub	12/06/2024		4.00	

Joe Greenwood	Races entered =	6	totalling	28.30	miles
	Blackpool Interclub		10/04/2024		4.00
	Summer Handicap (April)		25/04/2024		5.10
	Lytham Interclub		09/05/2024		5.00
	Summer Handicap (May)		30/05/2024		5.10
	Preston Interclub		12/06/2024		4.00
	Summer Handicap (June)		27/06/2024		5.10
John Bertenshaw	Races entered =	2	totalling	17.10	miles
	Blackpool Interclub		10/04/2024		4.00
	Freckleton Half		16/06/2024		13.10
Jonathan Tuck	Races entered =	2	totalling	9.00	miles
	Blackpool Interclub		10/04/2024		4.00
	Lytham Interclub		09/05/2024		5.00
Julia Rolfe	Races entered =	10	totalling	50.99	miles
	Blackpool Interclub		10/04/2024		4.00
	Ripley St Thomas Supper Run		23/04/2024		4.00
	Wray Caton Moor Fell Race		30/04/2024		6.25
	Lytham Interclub		09/05/2024		5.00
	Harrock Hill		22/05/2024		5.25
	Austwick Amble		27/05/2024		7.80
	Edenfield Fell Race		02/06/2024		6.44
	Preston Interclub		12/06/2024		4.00
	Moleside		18/06/2024		3.25
	Thornton Interclub		25/06/2024		5.00

Julie Wiseman	Races entered =	2	totalling	8.00	miles
		Blackpool Interclub		10/04/2024	4.00
		Preston Interclub		12/06/2024	4.00
Kate Price Edwards	Races entered =	2	totalling	9.00	miles
		Blackpool Interclub		10/04/2024	4.00
		Lytham Interclub		09/05/2024	5.00
Kirsten Burnett	Races entered =	3	totalling	37.41	miles
		Paris Marathon		07/04/2024	26.20
		Wesham Summer 10k		29/05/2024	6.21
		Thornton Interclub		25/06/2024	5.00
Laura Byrne	Races entered =	3	totalling	14.21	miles
		Blackpool Interclub		10/04/2024	4.00
		Wesham Summer 10k		29/05/2024	6.21
		Preston Interclub		12/06/2024	4.00
Leanne Nield	Races entered =	2	totalling	9.00	miles
		Preston Interclub		12/06/2024	4.00
		Thornton Interclub		25/06/2024	5.00
Lewis McAfee	Races entered =	2	totalling	10.10	miles
		Summer Handicap (April)		25/04/2024	5.10
		Thornton Interclub		25/06/2024	5.00
Linda Herriott	Races entered =	2	totalling	9.10	miles
		Blackpool Interclub		10/04/2024	4.00
		Summer Handicap (April)		25/04/2024	5.10

Liz Canavan	Races entered =	7	totalling	63.61	miles
	Paris Marathon		07/04/2024		26.20
	Ripley St Thomas Supper Run		23/04/2024		4.00
	Summer Handicap (April)		25/04/2024		5.10
	Lytham Interclub		09/05/2024		5.00
	Wesham Summer 10k		29/05/2024		6.21
	Preston Interclub		12/06/2024		4.00
	Freckleton Half		16/06/2024		13.10
Luisa Haylett	Races entered =	4	totalling	19.21	miles
	Blackpool Interclub		10/04/2024		4.00
	Wesham Summer 10k		29/05/2024		6.21
	Preston Interclub		12/06/2024		4.00
	Thornton Interclub		25/06/2024		5.00
Maddy Markham	Races entered =	1	totalling	4.00	miles
	Blackpool Interclub		10/04/2024		4.00
Mel Koth	Races entered =	6	totalling	27.50	miles
	Blackpool Interclub		10/04/2024		4.00
	Wray Caton Moor Fell Race		30/04/2024		6.25
	Lytham Interclub		09/05/2024		5.00
	Preston Interclub		12/06/2024		4.00
	Moleside		18/06/2024		3.25
	Thornton Interclub		25/06/2024		5.00
Mick Widdop	Races entered =	1	totalling	6.21	miles
	Chorley 10k		05/05/2024		6.21

Mike Toft	Races entered =	5	totalling	26.42	miles
	Blackpool Interclub		10/04/2024		4.00
	Bolton 10k		28/04/2024		6.21
	Lytham Interclub		09/05/2024		5.00
	Wesham Summer 10k		29/05/2024		6.21
	Thornton Interclub		25/06/2024		5.00
Morgan Pritchard	Races entered =	4	totalling	18.32	miles
	Lytham Interclub		09/05/2024		5.00
	Wesham Summer 10k		29/05/2024		6.21
	Preston Interclub		12/06/2024		4.00
	St Annes Carnival		30/06/2024		3.11
Pam Binns	Races entered =	2	totalling	9.10	miles
	Blackpool Interclub		10/04/2024		4.00
	Summer Handicap (April)		25/04/2024		5.10
Pam Hardman	Races entered =	5	totalling	29.21	miles
	Blackpool Interclub		10/04/2024		4.00
	Preston Interclub		12/06/2024		4.00
	Freckleton Half		16/06/2024		13.10
	Thornton Interclub		25/06/2024		5.00
	St Annes Carnival		30/06/2024		3.11
Paul McAllister	Races entered =	4	totalling	14.33	miles
	Fleetwood 10k		07/04/2024		6.21
	Blackpool Interclub		10/04/2024		4.00
	Ripley St Thomas Supper Run		23/04/2024		4.00
	Mid Lancs T&F, Witton Park, 200m		04/05/2024		0.12

Peter Dilks	Races entered =	2	totalling	10.20	miles
	Summer Handicap (April)		25/04/2024		5.10
	Summer Handicap (June)		27/06/2024		5.10
Peter Reid	Races entered =	3	totalling	12.11	miles
	Lytham Interclub		09/05/2024		5.00
	Preston Interclub		12/06/2024		4.00
	St Annes Carnival		30/06/2024		3.11
Peter Thomson	Races entered =	3	totalling	13.00	miles
	Blackpool Interclub		10/04/2024		4.00
	Preston Interclub		12/06/2024		4.00
	Thornton Interclub		25/06/2024		5.00
Richard Storey	Races entered =	2	totalling	8.00	miles
	Ripley St Thomas Supper Run		23/04/2024		4.00
	Preston Interclub		12/06/2024		4.00
Ross McKelvie	Races entered =	4	totalling	5.62	miles
	Mid Lancs T&F, Carlisle, 1500m		13/04/2024		0.93
	Mid Lancs T&F, Carlisle, 3000m		13/04/2024		1.87
	Mid Lancs T&F, Witton Park, 3000m		04/05/2024		1.88
	Mid Lancs T&F, Witton Park, 1500m		04/05/2024		0.94
Sarah Beck	Races entered =	6	totalling	24.46	miles
	Fleetwood 10k		07/04/2024		6.21
	Blackpool Interclub		10/04/2024		4.00
	Mid Lancs T&F, Carlisle, 400m		14/04/2024		0.25
	Lytham Interclub		09/05/2024		5.00
	Preston Interclub		12/06/2024		4.00
	Thornton Interclub		25/06/2024		5.00

Sarah Cook	Races entered =	1	totalling	4.00	miles
	Blackpool Interclub		10/04/2024		4.00

Stephen Rodwell	Races entered =	11	totalling	54.63	miles
	Run Heaton Park Half		07/04/2024		13.10
	Blackpool Interclub		10/04/2024		4.00
	Blackpool Festival of Running 5k		20/04/2024		3.11
	Ripley St Thomas Supper Run		23/04/2024		4.00
	Summer Handicap (April)		25/04/2024		5.10
	Power of 5k (May)		03/05/2024		3.11
	Lytham Interclub		09/05/2024		5.00
	Summer Handicap (May)		30/05/2024		5.10
	Preston Interclub		12/06/2024		4.00
	Thornton Interclub		25/06/2024		5.00
	St Annes Carnival		30/06/2024		3.11

Stephen Wilde	Races entered =	1	totalling	4.00	miles
	Blackpool Interclub		10/04/2024		4.00

Stephen Wise	Races entered =	5	totalling	28.10	miles
	Harrock Hill		22/05/2024		5.25
	Wesham Summer 10k		29/05/2024		6.21
	Summer Handicap (May)		30/05/2024		5.10
	Edenfield Fell Race		02/06/2024		6.44
	Summer Handicap (June)		27/06/2024		5.10

Steven Pepper	Races entered =	13	totalling	72.14	miles
	Fleetwood 10k		07/04/2024		6.21
	Blackpool Interclub		10/04/2024		4.00
	Ripley St Thomas Supper Run		23/04/2024		4.00
	Summer Handicap (April)		25/04/2024		5.10
	Kendal 10k		01/05/2024		6.21
	Lytham Interclub		09/05/2024		5.00
	Wesham Summer 10k		29/05/2024		6.21
	Summer Handicap (May)		30/05/2024		5.10
	Preston Interclub		12/06/2024		4.00
	Freckleton Half		16/06/2024		13.10
	Thornton Interclub		25/06/2024		5.00
	Summer Handicap (June)		27/06/2024		5.10
	St Annes Carnival		30/06/2024		3.11

Sue Hawitt	Races entered =	5	totalling	24.21	miles
	Blackpool Interclub		10/04/2024		4.00
	Lytham Interclub		09/05/2024		5.00
	Wesham Summer 10k		29/05/2024		6.21
	Preston Interclub		12/06/2024		4.00
	Thornton Interclub		25/06/2024		5.00

Sue Henry	Races entered =	2	totalling	10.21	miles
	Wesham Summer 10k		29/05/2024		6.21
	Preston Interclub		12/06/2024		4.00

Sylvia Gittins	Races entered =	1	totalling	13.10	miles
	Edinburgh Half		26/05/2024		13.10

Terry Hellings	Races entered =	3	totalling	11.93	miles
		Blackpool Interclub	10/04/2024	4.00	
		Ripley St Thomas Supper Run	23/04/2024	4.00	
		Abbystead Supper Run	21/05/2024	3.93	
Vicki Richardson	Races entered =	2	totalling	9.00	miles
		Blackpool Interclub	10/04/2024	4.00	
		Lytham Interclub	09/05/2024	5.00	
Xavia Cooper	Races entered =	4	totalling	18.10	miles
		Blackpool Interclub	10/04/2024	4.00	
		Ripley St Thomas Supper Run	23/04/2024	4.00	
		Summer Handicap (April)	25/04/2024	5.10	
		Lytham Interclub	09/05/2024	5.00	
Total Races Entered		287	Total Miles =		1,551.53