



CODE OF CONDUCT FOR VOLUNTEERS

As a responsible Volunteer I will:

- Respect the rights, dignity and worth of every athlete and others involved in athletics and treat everyone equally.
- Place the welfare, safety and enjoyment of the athlete above the development of performance
- Avoid bullying and use of language which undermines an athlete's self-esteem.
- Ensure that activities you direct or guide are appropriate for the age, maturity, experience and ability of the individual athlete
- Cooperate fully with others involved in the sport (e.g. Officials, Team Managers and Schools) in the best interests of the athlete
- Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances
- Encourage and guide athletes to accept responsibility for their own performance and behaviour
- Display and promote high standards of behaviour.
- Maintain a clear boundary between friendship and intimacy with athletes and do not conduct inappropriate relationships with athletes.

I have read and understood the above code of Conduct for Volunteers and, as a volunteer at Lytham St Annes Road Runners I agree to abide by these guidelines.

Name.....

Signature..... Date.....